

Injectable Post Care Instructions



Botulinum Toxin | Dermal Fillers | Platelet-Rich Plasma

Directly After Treatment:

- Immediately after the treatment, there may be redness, bruising, swelling, and/or itching near the injection site. **Please avoid itching, massaging or picking around the injection sites.** This is normal and generally disappears within a few hours or possibly up to a few days.
- In some cases you may use ice and/or arnica tablets to help reduce or solve potential bruising.
- Tylenol can be used to reduce any pain if necessary. **Do not use** NSAIDs such as Motrin, Advil, Aleve, Fish Oil or Aspirin.
- Stay upright for at least 4-6 hours after treatment.**

Hours After Treatment:

- Avoid drinking alcohol and exercising for the remainder of the day, as it may result in more bruising.
- Until the swelling and redness has resolved, avoid intense heat (sunbathing, tanning, saunas).
- Arnica dissolvable tablets may be used 3-4 times daily if bruising continues.
- Please refrain from wearing makeup on injection site. Gently wash the face with a gentle cleanser and apply sunscreen.
- Please allow two full weeks** for Botulinum Toxin and Dermal Fillers to settle before calling to schedule any touch-up/follow-up appointments.
- If you experience excessive swelling you may take a Zyrtec until swelling resolves.

If you have any further questions or concerns during the process of your peel please contact our office.

2641 Town Center Blvd Sugar Land, TX 77479 | info@renewlaserandskin.com |

(832)-491-2852